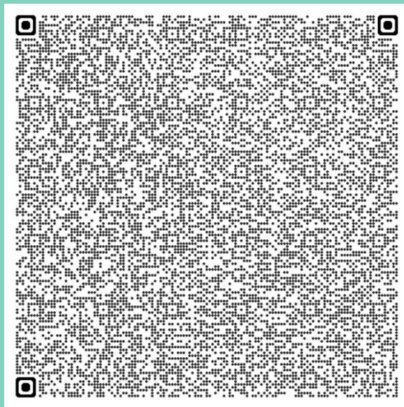


Urban Farm Tour Bike Route



Explore urban farms by bike! Start at Union Depot in St Paul (ample parking if arriving by vehicle), and stop by the Lowertown Bike Shop for a parking voucher, \$1 off a coffee to fuel your ride, and a map if you need one. This beginner-to-intermediate level route is 15 miles long, utilizing bike paths and low-traffic city streets with bike lanes. This self-guided route is bike at your own risk, and at your own pace.

Google Maps Bike Route



Google map may vary slightly from written directions and map included based on individual settings.

START AND END Union Depot
214 4th Street East, St Paul, MN 55101

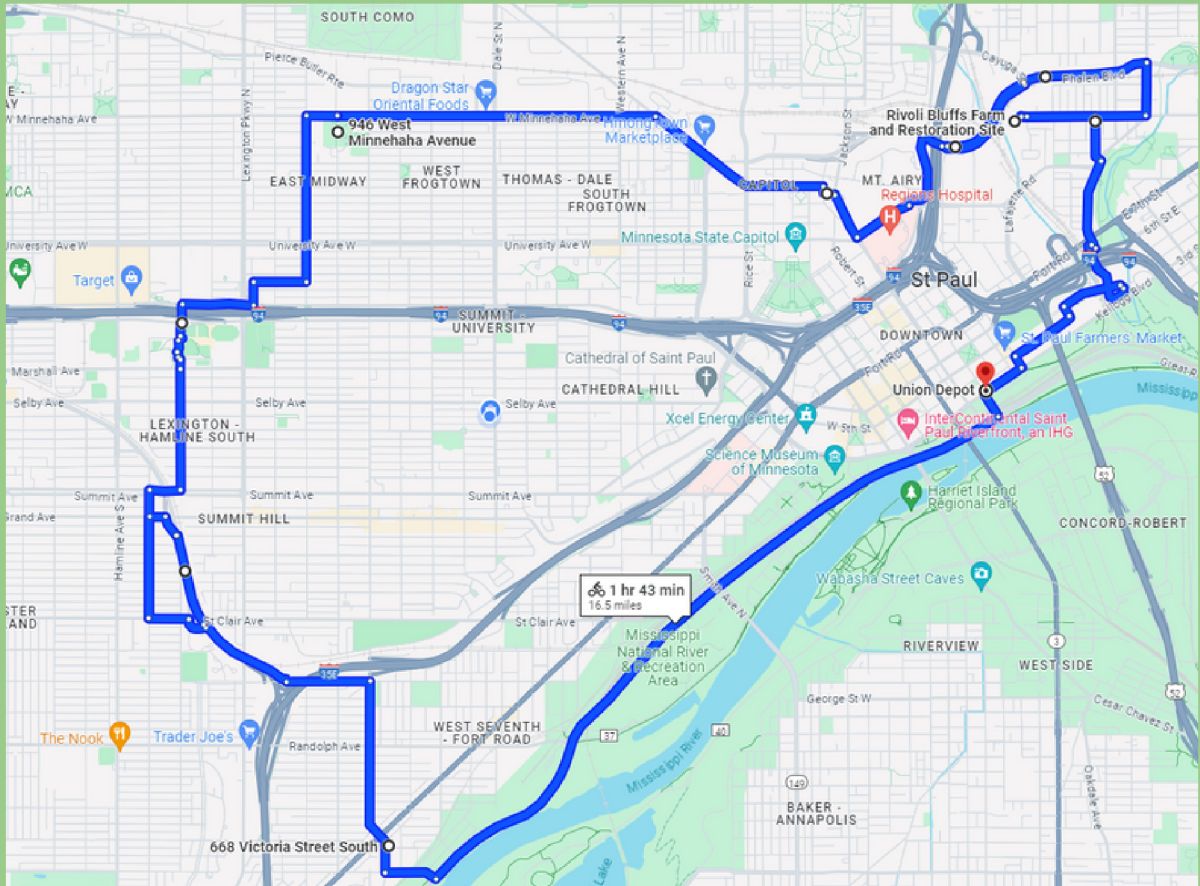
DESTINATION 2 Urban Roots - Rivoli Bluffs
749 Arkwright St, St Paul, MN 55130

DESTINATION 3 Frogtown Farm
946 W Minnehaha Ave, St Paul, MN 55106

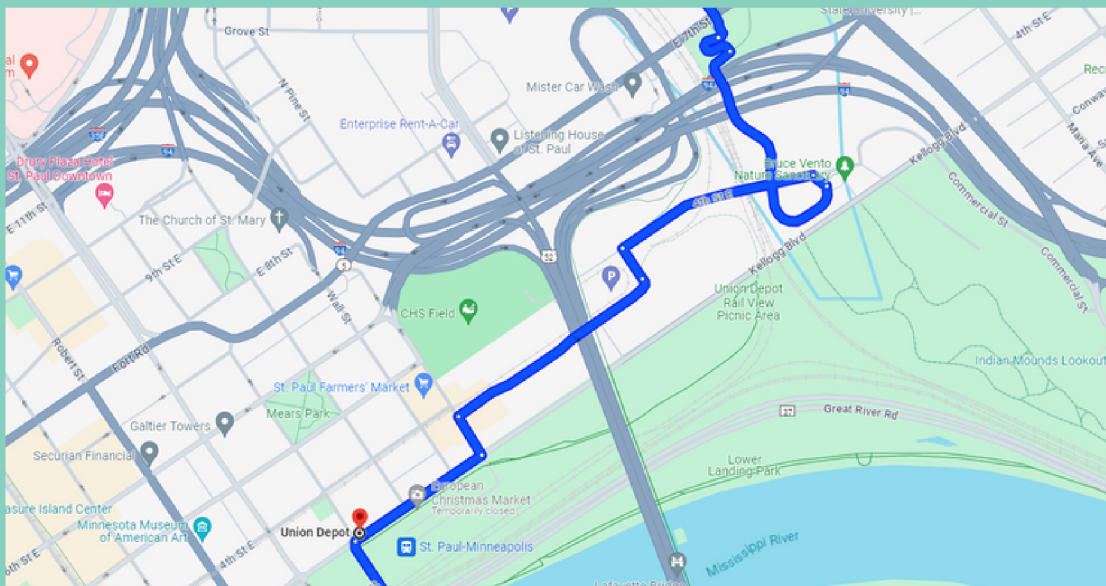
DESTINATION 4 Open Arms - Abundance Farm
668 Victoria Street S, St Paul, MN 55102

+ SNACKS AND RESTROOM
Mississippi Market West 7th Location
1500 W. 7th St, St Paul, MN 55102





Urban Farm Tour Bike Map Overview and Directions

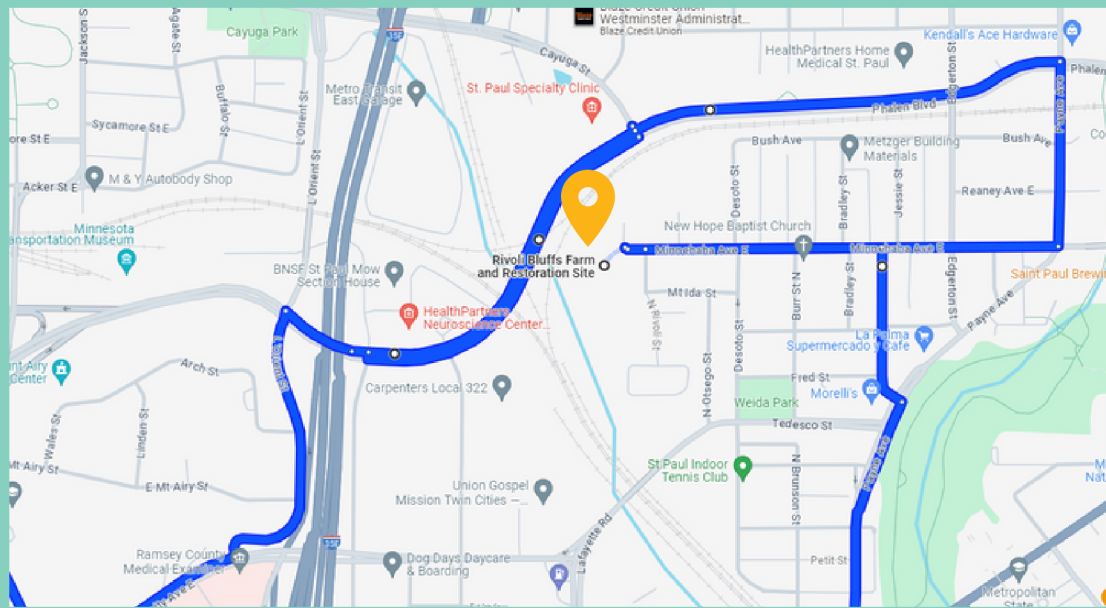


From Union Depot, turn right on East 4th Street towards the East Side of Saint Paul. The first two blocks are not bike-friendly, but the road becomes bike-friendly after you pass CHS Field.

East 4th Street will go into a loop and head towards Payne Avenue. This is Bruce Vento Nature Sanctuary Trail (Bike Trail)

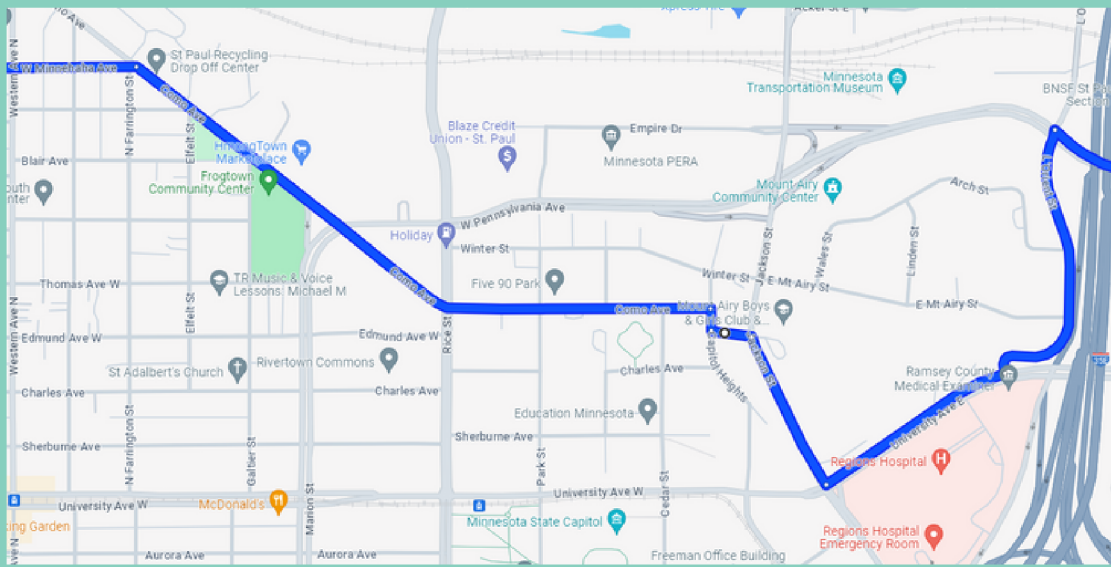
Exit the Bruce Vento Nature Sanctuary Bike Trail onto Payne Ave (Bike Lane)

You can take any side streets to work your way up to Rivoli Bluffs. This is a moderate hill. These streets have lower traffic and some inclines. On the day of this event, there is a party at Rivoli Bluffs, so there may be more cars in the area.



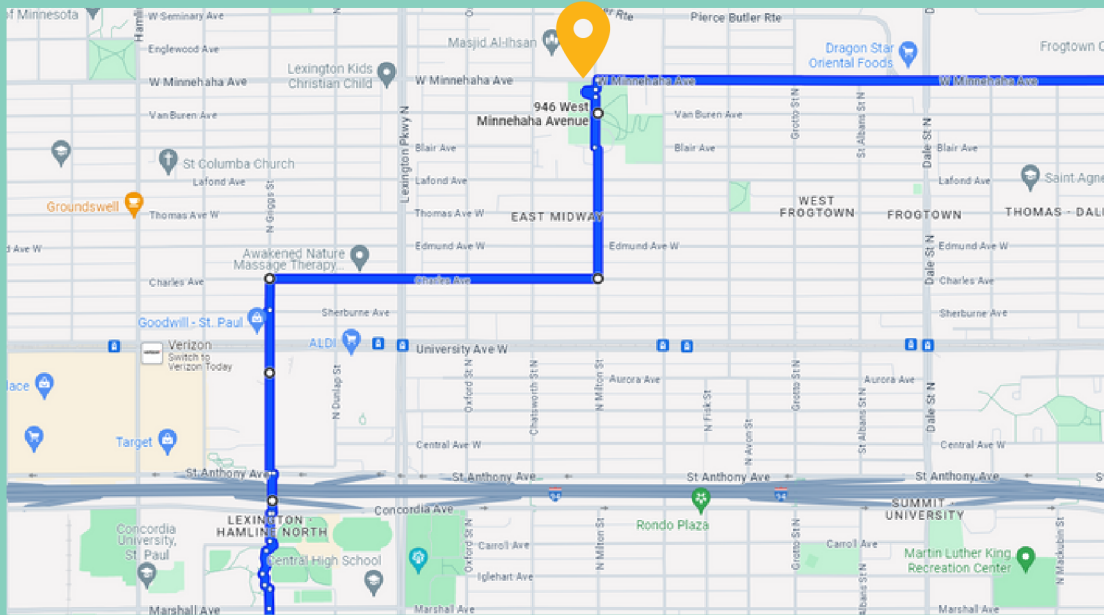
- Left at Bedford Street (bike friendly neighborhood street - no bike lane).
- Left on Minnehaha Ave (bike friendly neighborhood street - no bike lane).
- Leave Rivoli Bluffs farm using Minnehaha Avenue (Bike friendly neighborhood street - no bike lane).
- Left at Payne Ave (bike lane).
- Left at Phalen Blvd Trail (bike trail and bike lane).
- Left at L'Orient Street/Gateway State Trail (bike trail).
- Right at Capitol City Bikeway Bike Trail (bike trail).





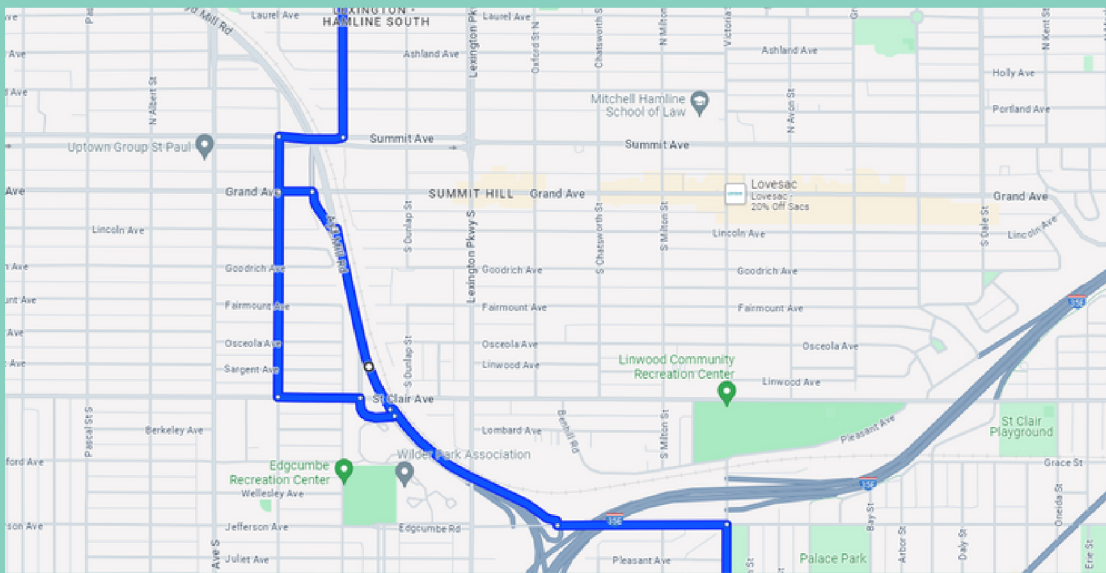
There is a very steep hill at Jackson and Valley Street - If you'd like to avoid the hill, you could go straight on University, right on Rice Street, left on Como. This is not a very bike-friendly area and requires extra caution because there is likely to be traffic.

- Right at Jackson Street (bike friendly street).
- Left at Valley Street (no bike lane – 1 block).
- Right at Capitol Heights (no bike lane – 1 block).
- Left at Como Avenue (bike lane).
- Left at Minnehaha Avenue/Pierce Butler Bikeway (bike lane).

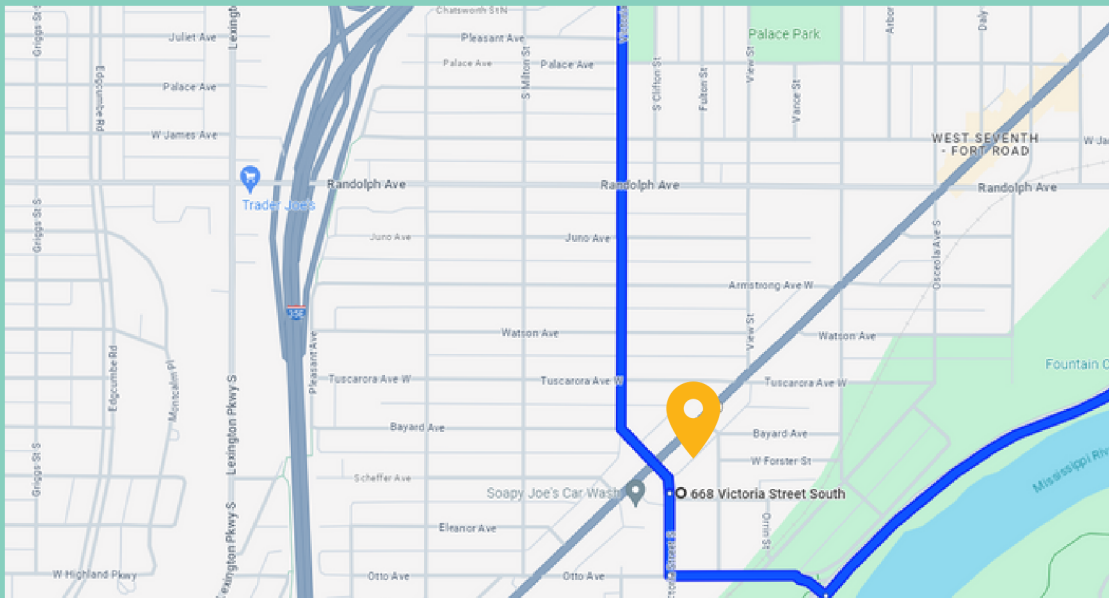


- Frogtown Farm is near the intersection of Milton and Minnehaha.
- Exit the park on N Milton St (Bike friendly neighborhood street - no bike lane).
- Right at Charles Ave Bikeway (bikeway).
- Left at Griggs Bikeway (bikeway).



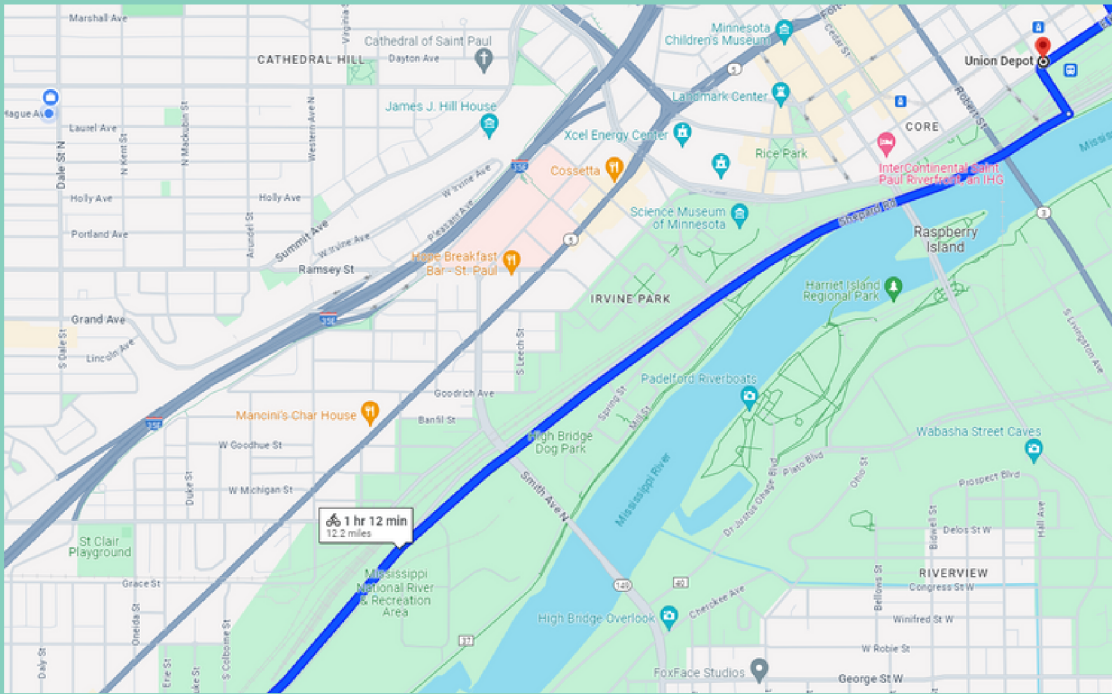


- Keep following Griggs over the pedestrian bridge at 94.
- Right at Summit Avenue (bike lane).
- Left at Syndicate (bikeway).
- Left at Grand Ave (no bike lane - 1 block).
- Head down to the Ayd Mill Road Bike Trail.
- Right at Ayd Mill Road Bike Trail (bike trail).
- Exit the Ayd Mill Road Bike Trail at Jefferson Ave.
- Left at Jefferson Ave (bike lane).
- Right at Milton Street (bikeway) or Victoria (no bike lane).



Cross West 7th at Otto or Victoria and Navigate to Open Arms which is tucked away in what seems like an alley off of Victoria.





If you'd like a restroom and snack break at the Mississippi Market on West 7th, you can visit by taking Victoria to Victoria Way, and after four blocks, you will be at the Market.

Left at Victoria Avenue as you leave Open Farms to get back to Otto Avenue.

Left at Otto Avenue (bike trail).

Cross over Shepherd Road to get to Sam Morgan Regional Trail (bike trail).

Left at Sam Morgan Regional Trail towards downtown St Paul

Exit Sam Morgan Regional Trail at Sibley Street

Left at Sibley Street (bike lane)

Return to Union Depot at Sibley and 4th Street

